

به نام خدا

درباره‌ی کتاب ورزش‌های نغمگی

واژه‌ی «ورزه» به معنی انجام عملی پیاپی و پیگیر، و از مشتقات ورزش و ورزشدگی است، پس می‌تواند گزینه‌ی خوبی باشد تا به جای کلمه‌ی «اتود» بنشینند.

ورزه یا اتود یکی از فرم‌های موسیقی است که منحصر به فرهنگ خاصی هم نیست و از ویژگی بارزش عقلانیت غالب در آن است، یعنی نوعی موسیقیِ تمرینی که برای بالا بردن قدرت نوازندگی و خوانندگی یا مهارت در آهنگسازی پدید می‌آید و لذا از وجه احساسی و تغزلی یا ملودیک ضعیف و اغلب نامأنوس با طبع روان و به عبارتی خشک و سخت ولی در عوض عقلانی و پرفایده است همچون داروئی تلخ که سودمند افتد.

به این مجموعه که صرفاً طرح یک نمونه است، با در نظر داشتن جنبه‌ی ارزشی اتودی آن، صفت و حالت نغمگی داده‌ایم، چون سعی بر آن بوده که روان و ملودیک باشد تا از خشکی قطعات بکاهد و موجب تمرین بیشتر هنرجو گردد.

این نمودار که در آن ریتم‌ها و آکوردهای مختلف و نیز فواصل و گام و نوت زینت‌ها و عناصری از موسیقی ایرانی در عین سادگی به کار گرفته شده، برای ساز پیانو نوشته شده و چه خوب که عزیزان آهنگساز با توجه به خصیصه‌ی فوق برای هر سازی اقدام به ابداع ورزش‌های گوناگون نمایند و در قالب این نمودارها عناصر جزء را از انواع موسیقی‌ها و فرهنگ‌ها به قصد خلق اثری جذاب‌تر به ترکیب درآورند.

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Allegretto

Etude No.2

The first system of musical notation for Etude No. 2 consists of two staves. The top staff is in treble clef and the bottom staff is in bass clef. The time signature is 4/4. The tempo is marked 'Allegretto'. The dynamic marking is 'mf'. The music begins with a series of eighth notes in the right hand and a similar pattern in the left hand, followed by a melodic line in the right hand and a bass line in the left hand.

The second system continues the piece with a melodic line in the right hand and a bass line in the left hand. The right hand features a series of eighth notes, while the left hand provides a harmonic accompaniment with chords and moving lines.

The third system of musical notation shows a change in dynamics to 'f'. The right hand has a melodic line with a sharp sign, and the left hand has a bass line with chords. The tempo remains 'Allegretto'.

The fourth system of musical notation features a dynamic marking of 'mf'. The right hand has a melodic line with a flat sign, and the left hand has a bass line with chords. The tempo remains 'Allegretto'.

The fifth and final system of musical notation concludes the piece. It features a melodic line in the right hand and a bass line in the left hand. The right hand has a sharp sign, and the left hand has a bass line with chords. The tempo remains 'Allegretto'.

Andantino

Etude No.6

The first system of the score shows the beginning of the piece. It consists of two staves: a treble clef staff and a bass clef staff. The time signature is 4/4. The key signature has one flat (B-flat). The dynamic marking is *mf*. The treble staff begins with a quarter rest, followed by a quarter note G4, a quarter note F4, and a quarter note E4. The bass staff has a whole rest for the first two measures, then a half note G3 in the third measure, and a half note F3 in the fourth measure.

The second system continues the piece. The treble staff features a triplet of eighth notes (G4, F4, E4) in the fifth measure, followed by a triplet of eighth notes (D4, C4, B3) in the sixth measure. The bass staff has a half note G3 in the fifth measure and a half note F3 in the sixth measure. The dynamic marking is *f*.

The third system is characterized by a series of triplet eighth notes in the treble staff. The dynamic marking is *p* and the instruction is *molto leg.*. The bass staff has a whole rest for the first two measures, then a half note G3 in the third measure, and a half note F3 in the fourth measure.

The fourth system continues the triplet eighth note pattern in the treble staff. The dynamic marking is *mf* and the instruction is *mf (solo)*. The bass staff has a whole rest for the first two measures, then a half note G3 in the third measure, and a half note F3 in the fourth measure.

The fifth system concludes the piece with the final triplet eighth notes in the treble staff. The dynamic marking is *mf*. The bass staff has a whole rest for the first two measures, then a half note G3 in the third measure, and a half note F3 in the fourth measure.