

How to Sit at the Piano

SIT TALL!

Lean slightly forward.

Let arms hang loosely from shoulders.

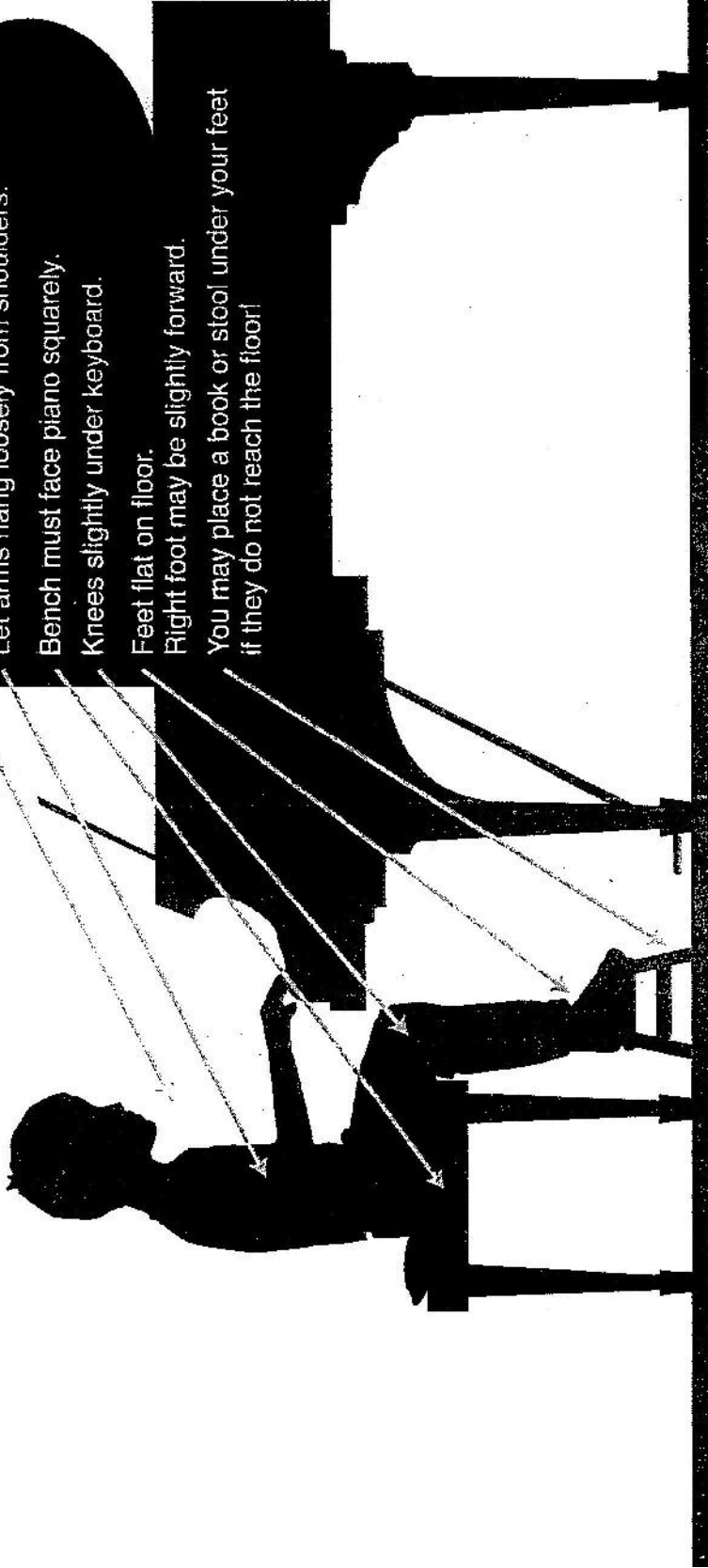
Bench must face piano squarely.

Knees slightly under keyboard.

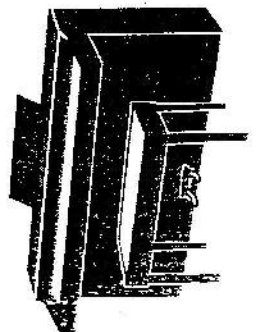
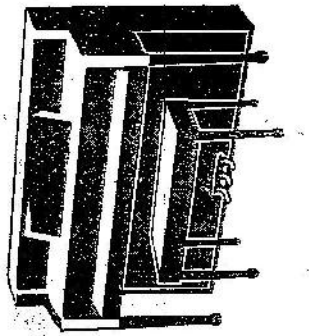
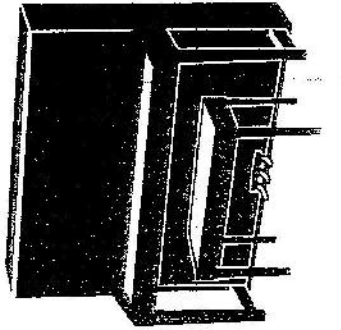
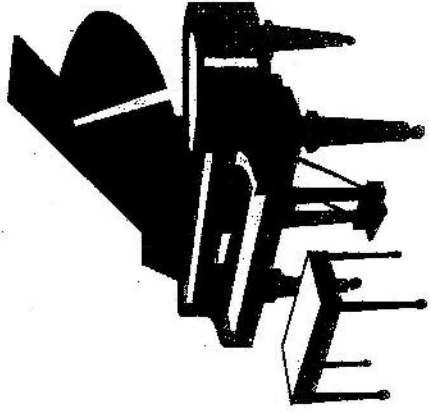
Feet flat on floor.

Right foot may be slightly forward.

You may place a book or stool under your feet if they do not reach the floor!



Pianos come in several different sizes and styles.
...which kind of piano do you have?



Piano

Lesson Book • Level 1A

Correlated materials to be used with Lesson Book, Level 1A:

Title	Start on page	Title	Start on page
COMPOSITION BOOK, Level 1A	29	SHEET MUSIC SOLOS, Level 1A	
EAR TRAINING BOOK, Level 1A	7	Andy, the Android	43
ENSEMBLE BOOK, Level 1A	15	Drum and Bugle Band Parade, The	43
FLASH CARDS, Level 1A	8	Happy Secret, A	54
FUN SOLO BOOK, Level 1A	20	Indian Celebration	59
HYMN BOOK, Level 1A	14	Itsy Bitsy Bird	54
MERRY CHRISTMAS! Level 1A	23	Mumbo Jumbo	59
MERRY CHRISTMAS! Ensemble Book, Level 1A	23	Seascape	43
NOTESPELLER BOOK, Level 1A	19	Walk in Space, A	43
RECITAL BOOK, Level 1A	13		
SIGHT READING BOOK, Level 1A	9	*Teacher's discretion	
TECHNIC BOOK, Level 1A	23	FOR TEACHERS ONLY: Teacher's Guide to Lesson Book 1A	
THEORY BOOK, Level 1A	11	A General MIDI disk (20650) and a Compact Disc (14541) are available, which include a full piano recording and background accompaniment.	
THEORY THROUGH THE YEAR, Level 1A	9	Theory Games Software correlating to Levels 1A-2 (14432) and Levels 3-5 (14433) is available for Macintosh and IBM/Windows-compatible computers.	
TOP HITS! Solo Book 1A	22		
TOP HITS! Christmas Book 1A	*		

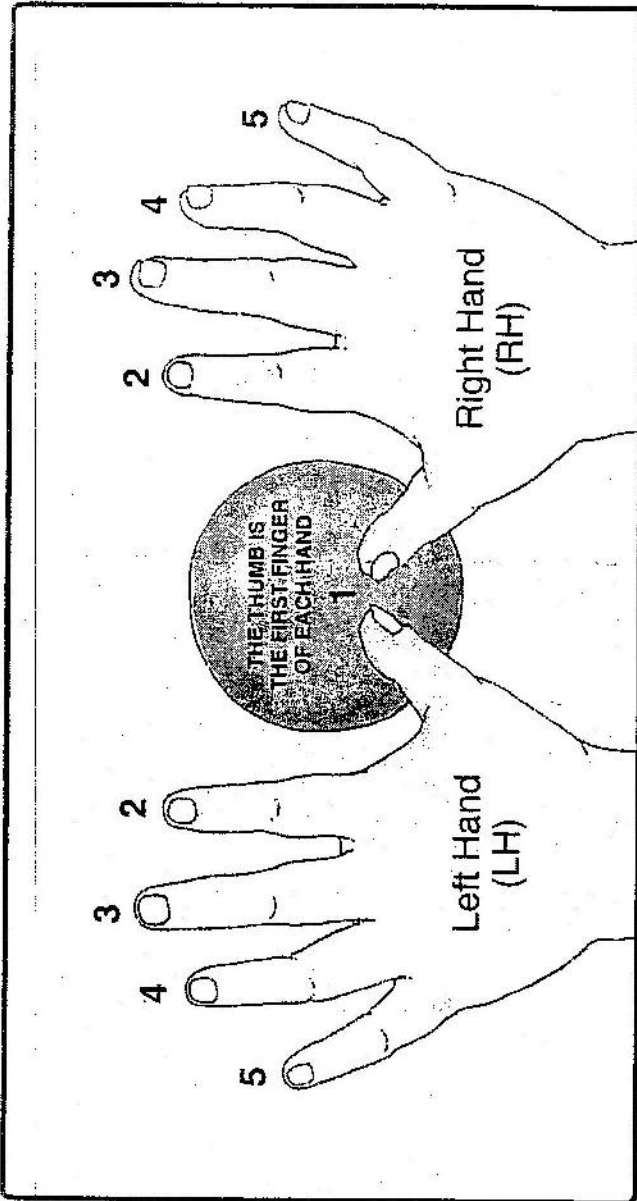
Willard A. Palmer • Morton Manus • Amanda Vick Lethco



Third Edition

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Fingers Have Numbers

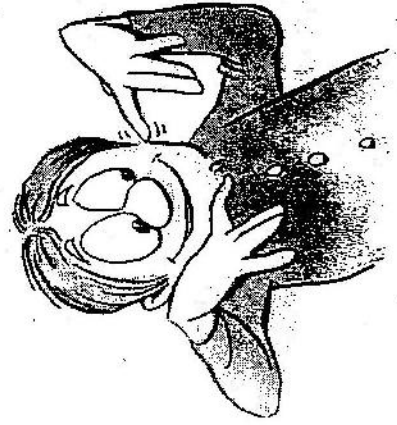


1. Your teacher will draw an outline of your hands on the inside cover of this book.
2. Number each finger of the outline.

3. Hold up both hands with wrists floppy.

- Wiggle both 1's.
- Wiggle both 2's.
- Wiggle both 3's.
- Wiggle both 4's.
- Wiggle both 5's.

Your teacher will call out some fingers for you to wiggle.

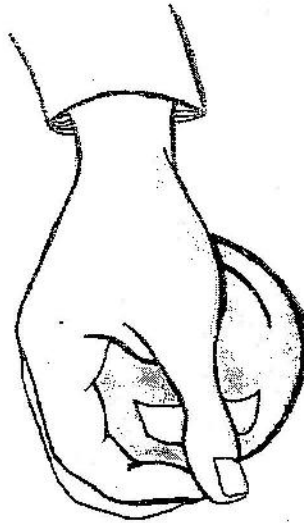
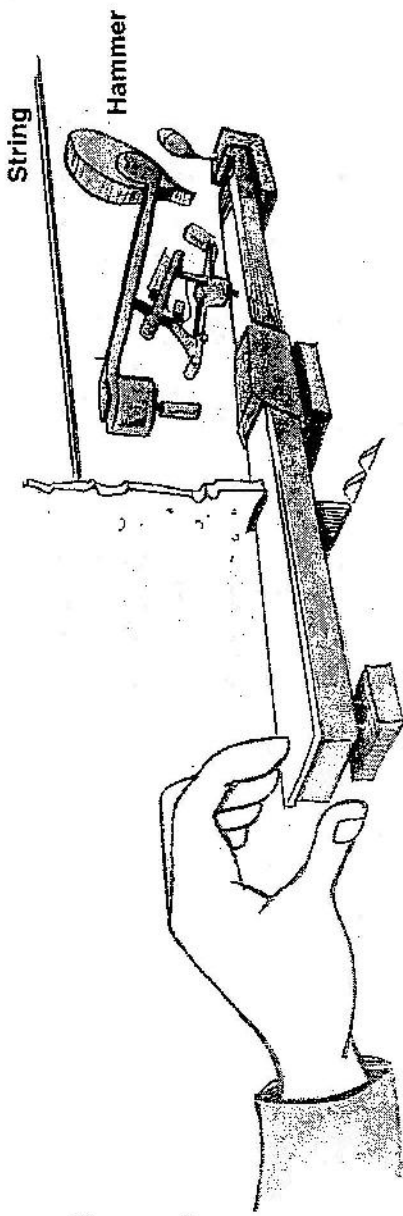


Piano Tones

When you play a key, a hammer inside your piano strikes a string to make a tone.

When you drop into the key with a LITTLE weight, you make a SOFT tone.

When you use MORE weight, you make a LOUDER tone.



Curve your fingers when you play!

Pretend you have a bubble in your hand.

Hold the bubble gently, so it doesn't break!

1. Play any white key with the 3rd finger of either hand, softly.
2. See how many times you can repeat the same key, making the tone a little louder each time you play.

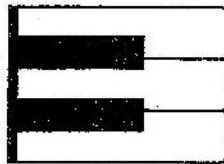
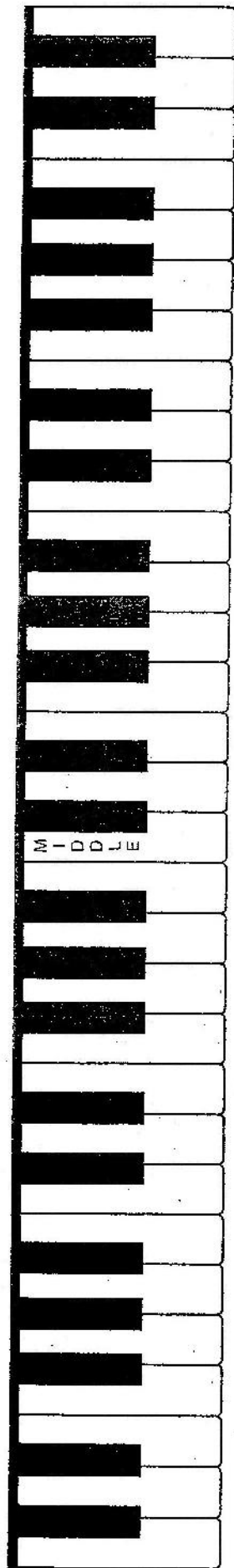
Before you play any key you should always decide how soft or loud you want it to sound.

For the first pieces in this book, play with a MODERATELY LOUD tone.

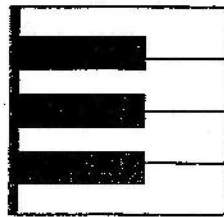
Always LISTEN CAREFULLY to the music you are making!

The Keyboard

The keyboard is made up of white keys and black keys.

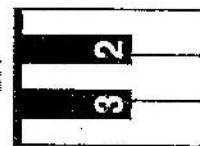



Black keys are in groups of 2's



and 3's

LH



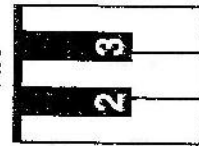
- Using LH 2 3, begin at the middle and play all the 2 black key groups going  the keyboard (both keys at once).


- Play them again, one key at a time.

PLAY: LH 2 3.

SAY: "Step down" as you play each pair.

RH



- Using RH 2 3, begin at the middle and play all the 2 black key groups going  the keyboard (both keys at once).

- Play them again, one key at a time.

PLAY: RH 2 3.

SAY: "Step up" as you play each pair.

