

Alfred's Basic Piano Library

Piano

Technic Book ♦ Level 1A

FOREWORD

There are 10 groups of exercises in this book, plus another set for use away from the piano, and each group has just 4 exercises (A, B, C, D). What you are practicing will always fit exactly with the material you are studying in the LESSON BOOK, RECITAL BOOK, & THEORY BOOK of LEVEL 1A.


When you begin a new group, you may start by practicing just ONE exercise from that group, dropping the first exercise of the previous group. As an example, when you are ready for Group 2 exercises, practice 2A and drop 1A. Add a new exercise every other day, dropping another old one—practice 2B, drop 1B, etc.—so you are always practicing FOUR exercises.

These exercises offer much more than the development of technical skill. They reinforce every principle introduced in Level 1A. They give additional drill in reading and playing melodic and harmonic intervals. They improve musicianship, provide rhythm drills, and develop skill in coordination between the hands. The benefits they offer make the very small amount of time they require worth the effort.

Shiraz-Beethoven.ir

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 A General MIDI disk is available (8523) which includes a full piano recording and background accompaniment.

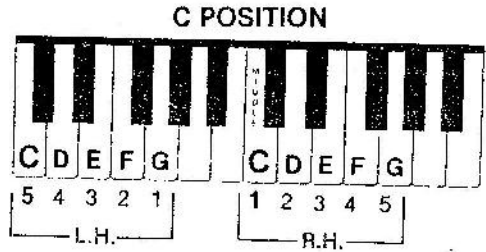
Second Edition
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Group 1

Begin GROUP 1 EXERCISES when you are assigned *PLAYING IN A NEW POSITION* (page 23).

A. 1st Team Warm-Up

Fingers 1, 2, & 3 are your STAR players.
This will give them a good workout.



R.H. 1

4/4

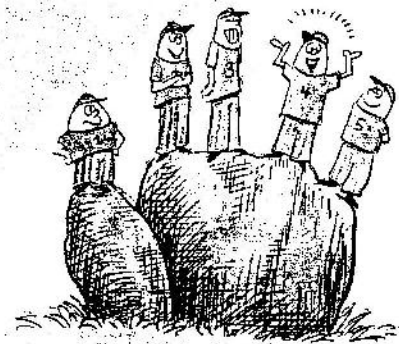
mf

4/4

L.H. 1

B. Initiation

The new player in this warm-up is 4.



R.H. 2

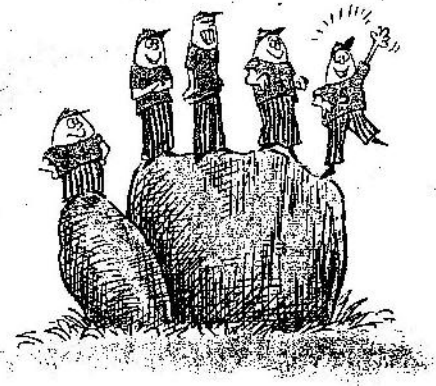
4/4

mf

4/4

L.H. 2

C. My Turn!



The little one likes to play, too, and with daily warm-ups 5 will become a valuable team-player.

R.H. 3

$\frac{4}{4}$ E F G F | E F G F | E F G F | E F G F | E

mf

$\frac{4}{4}$ E D C D | E D C D | E D C D | E D C D | E

L.H. 3

D. Everybody Play!



R.H. 1 2 3 4

$\frac{3}{4}$ E D E | D E F | E F G | F E D | C.

p-mf-f

$\frac{3}{4}$ E F E | F E D | E D C | D E F | G.

L.H. 1 2 3 4

Group 2

Begin GROUP 2 EXERCISE with C POSITION ON THE GRAND STAFF (page 33).
Practice each exercise with HANDS SEPARATE until learned well, then with HANDS TOGETHER.

A. Double Plays

Keep the finger in contact with the key you are repeating.

C POSITION

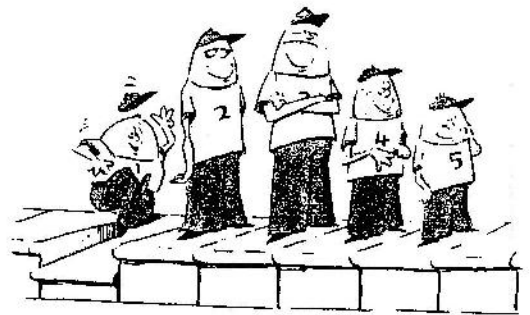
R.H. 1 2 3 4 5

L.H. 5 4 3 2 1

Slow

mf

B. Triple Plays



Slow

p